



OVERVIEW

This is a practical and comprehensive analyst training that aims to empower you with the ability to identify and clearly convey the most important narratives in the chart for several different types of foundational readings. My goal is to train you to deliver readings where your client feels deeply seen and able, if they're ready, to enter the Human Design experiment and relate to self and others with more acceptance.

My approach

Respecting your uniqueness

A Human Design reading is an art and a science. I will help you find your confidence and comfort in providing a clear analysis in your own way. I can only demonstrate my way, and my way will never be your way. Your fractal is different from my fractal, and they need your style of delivery. However, through my example, lightbulbs can go off that will unlock your potential as an analyst. Along the way I will be mindful not to interfere with or undermine your natural approach, while at the same time helping you understand where you may be deviating into an interpretation that is no longer accurate. My approach to teaching design is nuanced and rigorous, but with an emphasis on what practically matters. I often observe people splitting hairs about keynotes without practical implications. So while I will guide you to be precise with your keynoting, my approach isn't pedantic.

Refining Ra's understanding

As a heretic with guilt motivation, I have endeavored to fix a lot of things that I felt were unclear, missing, or incorrect. I have invested extensive time in clarifying overly sweeping statements, vague direction, and gray areas that just confuse people and leave them in a disempowered place.

I am a heretic, not a dogmatist. I am only in agreement with Ra where I have found agreement in my own experience. One of the greatest gifts of my design is to be an extremely thorough investigator (for many reasons beyond my $1^{\rm st}$ line profile). My life has connected me with numerous gurus and I have seen their shadows and humanness. No one is automatically correct because of their status. This is not to say I have my own version of Human Design, I absolutely do not and I recoil at the distortions that Karen Curry, Jenna Zoe, and others have concocted to help them sell it to the masses. I consider myself aligned with Ra in his understanding of choicelessness and surrender, and yet I'm a heretical fixer.

I see Ra as an accurate messenger of this knowledge, but I also recognize he was not designed to support people through the deconditioning process. Consequently, many have unwittingly emulated his limitation, as the overwhelming majority of analysts don't support people through the deconditioning process. Surely, some are not meant to. In other cases, it may be



that they haven't been trained to do so — they haven't seen that precedent from Ra or other senior analysts so it never occurs to them that it may be helpful. Communities become distorted and unhealthy when they don't venture beyond the limitations of their leaders.

I've never felt comfortable with Ra's penchant for hyperbole and black/white statements, leading me to flesh out gray areas and add more nuance to our understanding of the system. What you will find if you study Human Design long enough, is that Ra himself is one of the sources of misinformation about Human Design, in that he made grandiose and definitive statements about how a mechanic operates at one point in his career, and in some cases, he later contradicted it as his understanding shifted. For example, 'PHS doesn't transfer.' PHS transference is actually one of the most obvious and demonstrable aspects of design. He also used to call the Personality the Passenger. In no way is the Personality, which is just a machine, the Passenger. Then, after he started teaching substructure, he said that the Passenger is not to be found in the chart at all. Consequently, many teachers who did not continue with Ra into his later years of teaching substructure have an incomplete education. As a general rule, Ra's last word on the subject is his most accurate.

With all this said, I see myself as refining and expanding Ra's understanding of the system, not contradicting it or taking the field in a fundamentally new direction. Here's a few examples of intellectual distinctions that deviate from Ra's understanding that I have found to be more accurate:

- 1. There's a belief that we are only here to talk from the gates in our throat. For example, if you have gate 56, which says 'I believe,' as your only throat gate, and someone asks you if you own a car, it's preposterous to answer by saying 'I believe so.' We can't assume it's a not self trip about ownership (45) unless you're utterly preoccupied with talking about what you have. We're all actually talking about our entire chart. If you have the 19-49 consciously defined you're talking about people's needs. If you have the 18-58 you're talking about what you like and don't like under the guise of objective judgments. So we need to reframe our understanding of what's authentic vs. not self communication. It's too myopic to answer this by just looking at the throat.
- 2. Ra presents a world in which we can 'beat' or transcend the program through S&A. I have not seen any evidence of this. Instead, what we get is the correct expression of the program's conditioning, e.g., in mercury retrograde you can re-evaluate the correct things for you as opposed to things your mind thinks you need to reconsider. But there's no escaping the fact that you'll be re-evaluating something.
- 3. One of the most egregious and pervasive myths is that generators need to find their truth through a guttural sound. While it's certainly true generators make guttural sounds and that most generators have an atrophied sacral which could prevent them from accessing these sounds, it's also true that the mere pressure to respond in this way can have a deer in the headlights effect. Furthermore, the overwhelming majority of people I know in the experiment, and have worked with personally, also have an internal indication of when something is correct for them, and this is especially true for emotionally



defined generators. The emotional center overpowers the sacral and a response for me, as a 59-6, is intertwined with a feeling that I locate in my chest. This internal indication of a response can be fleshed out relative to which channels are defining their chart, i.e., a 9-52 is going to respond to something that it can understand through focusing and concentrating on logical patterns. These additional keynotes are essential to helping the client direct their attention to what they are actually here to specifically respond to. Otherwise it can be disorienting, or demoralizing, when they discover that they're not really responding to as much as they think they're supposed to.

4. Ra thought cognition would not be discernible until people were sufficiently deconditioned, following Strategy and Authority, etc. While cognition certainly strengthens and refines through deconditioning, it's not absent entirely preexperiment. In fact, cognition is another reliable indicator I used to rectify charts of people who have not yet entered the experiment.

These are just a few of many things I have corrected in my understanding. All of them are logical and verifiable. None of these corrections empower the mind to think it has control, none of them make Human Design sexier, or help me market myself. I just won't work with information that isn't rock solid, I feel very insecure in that situation (and risk being burned at the stake). So I had to resolve all of the things that didn't add up to find a more solid understanding that enabled me to feel confident and secure about what I was sharing.

Enriching your interpretation

I have discovered and verified a lot of additional psychological implications from various design elements and configurations. For example, wide splits tend to have abandonment issues. $1^{\rm st}$ color Motivation and View can lead to hypochondria. As a triple split, with two bridging gates required to get my PSun to the throat, I can have a wide split type of blame story. This type of added insight can help you provide a richer reading.

Covering the surface to the substructure

I am also including additional information that I feel deserves to be shared early in the experiment, such as cognition and what the client is seeing/meeting in their nodal journey, Motivation and View, and the weak points from Dream Rave. We live in a strange time when all of the information Ra taught is available at once, and people one week into the experiment are already talking about their base. While this strikes me as information overload, I also feel it makes sense to bring in a few practical elements from the substructure, without going so far as to overwhelm the client. Projectors and Reflectors, in particular, need to be told about their Motivation and View at the outset in order to really enter the experiment and start the deconditioning process.

I also find it odd that legacy professional training programs just teach you to deliver a specific product, i.e., a foundation reading. They seem to focus too much on the style and the structure of the reading, rather than the content. Whereas, I feel it's more useful to empower you with an understanding that can be turned into multiple readings of your own design. This is another reason why I am bringing in elements that are not usually a part of a traditional foundation reading.



Flexible investment

A no strings attached program

There is a presumption in IHDS that they are justified in staggering the program out across 3-4 years to ensure the analyst has sufficiently deconditioned before giving readings. This process made sense years ago for the first generation of students, many of whom were trained before they had began working with S&A. However, today, there is no correlation between the number of years someone is in their experiment and when they start the analyst training. Then, after the very long, challenging, and expensive process of becoming an analyst, IHDS restricts what you can do. I don't know anyone happy with this arrangement.

A lot of training programs are structured in a way that locks you into a long term investment. I don't think this respects your authority or life's ever changing circumstances. Therefore, this is not an all or nothing program. You can choose to participate in the semester(s) that pique your interest and ignore the rest. I believe in less than one year's time you can learn to provide the following core readings, and various spin offs of your own design:

- 1. Foundation reading
- 2. Not Self reading
- 3. Relationship reading

Prerequisites

The analyst program is designed to teach you how to identify the main themes of the chart and assemble the different elements into an accurate, coherent, and compelling story. Along the way I will add dimension to your understanding of the elements of the chart so that your story can be that much richer. However, in order to comprehend the course it's necessary for you to already have extensive familiarity with the bodygraph. If you've completed Rave ABCs and Rave Cartography, you probably have enough knowledge for this training. If you haven't completed these foundation courses but have dedicated yourself to learning the bodygraph on your own, you also may have enough knowledge for the training, but I require you set up a call with me to discuss.

If you have any questions or concerns about your readiness for the training, please contact me to set up a call to discuss. In any case, if I haven't worked with you previously we will need to have an introductory call to ensure there's a good fit. If I respond to working with you, I am committed to supporting your understanding.





SEMESTER 1

Building the story of the conditioned self



Start date: Friday December 2nd, 2022

Tuesdays and Fridays

12 classes meeting 2x a week



10 am PST 11 am MST 6 pm GMT 7 pm CET

1 pm EST 5 am AEDT (next day)

Classes are 90 minutes

Includes

- · Understanding the not self distortions of the definition
- · Understanding the hierarchy of conditioning
- · Splits and bridging gates
- · The core wound of each type
- · Finding the story by isolating elements
- · Using tensions in the chart to build a narrative
- · Exploring the psychological tension of each profile
- · Personal and transpersonal harmonic influencers
- · The weak points from Dream Rave
- · Understanding gates in the not self expression
- · Distraction and Transference
- · Tying together the substructure and the surface
- · Working with Neptune
- · Keynoting the not self practicum

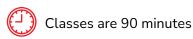




SEMESTER 2

Building the story of the differentiated self





12 classes meeting 2x a week

Includes

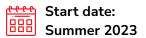
- · The core elements of a foundation reading
- · Approaching the reading in a way that works for you
- · Quickly and clearly explaining Human Design to newcomers
- · The implications of conscious and unconscious elements
- · Explaining openness vs. definition
- · Key messages for each Aura Type
- · Clearly explaining each authority so the client can start their experiment
- · Definition
- · Profile
- · Cognition
- · Connecting Cognition to streams
- · Incarnation Crosses
- · Quarter of birth
- · Taking stock of their nodal journey
- · How to structure a Reflector reading
- · Finding the story by isolating elements
- · Using tensions in the chart to build a narrative
- · When to incorporate line text into the reading
- · Keynoting the true self practicum

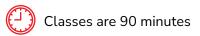




SEMESTER 3

Relationship Analysis





12 classes meeting 2x a week

Includes

- · Understanding composite definition (9-0, 8-1, 7-2, 6-3, 5-4)
- · Assessing compatibility by cognition, color resonance, type, profile, definition, lines, circuits
- · Electromagnetics, companionship, dominance, and compromise
- The stories we tell ourselves when we meet electromagnetics and compromises
- · What is each partner looking for?
- · Assessing whether intimacy is tied with emotionality?
- · What is the basis of the client's intimate relationships?
- · What is the basis of the client's platonic relationships?
- · Love gates and their implications
- Understanding triggers and interpersonal conflict styles via PVenus and PMars
- · Relationship analysis practicum





Final exam for foundation readings: At agreed upon time over Zoom. I pick the chart, and you provide an abridged 60 minute foundation reading.

Final exam for not self readings: At agreed upon time over Zoom. I pick the chart, and you provide an abridged 60 minute not self reading.

Final exam for relationship readings: At agreed upon time over Zoom. I pick the chart, and you provide an abridged 60 minute relationship reading.



Course includes:

- · Live Zoom classes with other students
- · Weekly homework assignments with personal feedback
- · Ability to email me with questions throughout the course
- Lifetime access to the recorded classes
- Deeply discounted 1-1 coaching sessions (50% off). Note: a coaching session is not a formal reading, it's an opportunity to talk about what's relevant in your life at the moment with reference to your chart. Or we can practice analyzing a chart together.

Course does not include:

- While I will spend time teaching you about the implications of being born in each quarter, I am choosing to not spend much time on Incarnation Crosses. The reason for this is that teaching you how to analyze a cross is fairly simple, and yet not enough. An Incarnation Cross is generic until it's lived. And even with knowing how to analyze a cross you still need to read the Incarnation Cross Manual. There is a huge gap between what any analyst can derive from the gates that make up the cross and the content Ra has provided about each cross. So it's something that largely needs to be memorized.
- I am a newly formed organization, and I can't offer you the credentials that IHDS can. If this matters to you, this program is not a good fit. What I offer is a solid education and lots of personal support along the way.

Contingency

The course requires a minimum number of students and will not begin at the proposed time unless that minimum requirement is met.



Costs

Per semester: \$1,500 payable in installments

Exams: \$100 per

Refund Policy

Prorated per number of classes attended. No refund after the fourth class of any semester.



About James Alexander

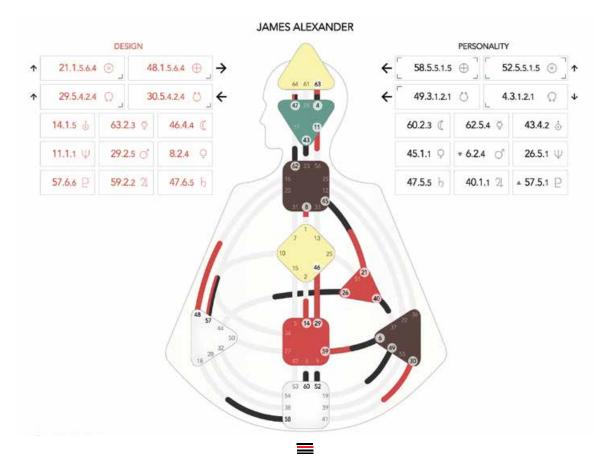


I had my first reading in 2014 one week before my 34th birthday. I left feeling elated, never having felt so seen. I promptly entered the experiment with a single minded focus on S&A and no interest in learning how to interpret my chart. At the time the knowledge felt jargony and complicated, and I was content to feel seen and know how to make decisions as myself.

Two and a half years later, I responded to invitations to coach coworkers. I set out to coach them from a somatic awareness lens, but what came out of my mouth was primarily S&A. This is when I realized I was ready to start learning how to analyze the bodygraph.

My educational journey includes professional training with Alokanand Diaz, deep experiential work with the four transformations over the course of a year with Dharmen and Leela, training as a LYD Guide with Mary Ann Winiger, and analyst certification with Ilse Sendler, Susan McMurry, and Martin Grassinger in the Austrian School. I have also completed BG5 and OC16 training with the Austrian School.

What has been most important to both my deconditioning process and my approach to analysis is numerous hours of 1-1 sessions with Kumud Kabir, where we have explored the depths of the chart, often following breadcrumbs from Ra into new levels of understanding.



Testimonials

James is one of the teachers that has a truly embodied and very sophisticated, practical, knowledge of the system. James told me things that I never heard about my chart, in a way that I never heard, and it landed on me in a way that I never felt before. He had a mystical impact on my awareness, telling me aspects of my bodygraph in a way that was finessed and incredibly nuanced. It's the first time someone gave me the nuances and details of my chart that allowed me to understand my authority in a way that wasn't vague and empowered me to start experimenting with it. I always heard "Michel, your S&A is to respond." Yeah, thank you, but respond to what? And James didn't waste time before giving me the keys for recognizing what my sacral response was SPECIFICALLY to in life!

He has a way to articulate words and keynotes that clicks directly into my inner knowing and allows me to integrate the information in a practical and natural way. With his PHS knowledge, he pinpointed my specific illnesses and the behaviors that can adversely affect my health, and provided clear explanations and solutions that many traditional doctors I've consulted couldn't fathom.

Simplicity, depth, nuance, and generosity are the main qualities that I've been impressed by with James. Indeed, generosity, because being a tribal Generator, I have witnessed James to be really generous and empathetic in the way of transmitting information and he makes sure the client has understood the important takeaways so they can live their design."

- Michel Schwab



The reading James did for me was one of the most enriching experiences I've had in terms of self help and self discovery. It still is a bit early for me to say how much I'm going to benefit from it but I already feel a huge relief. That's probably the biggest take away I got from the reading: a relief from the pressure I have felt lately regarding many aspects of how I'm living my life. This applies particularly to the pressure I put on myself to go in a certain direction professionally. I hear the voices telling me "You should be doing this or that" and James helped me understand that there's nothing I have to do.

It's been a great pleasure to know James. I knew 30 seconds into the reading that I would love it. The way James communicates about HD and shares his knowledge is very humane, sensitive, precise, and funny. I also could feel James was here to help me in a way that felt sympathetic towards my challenges and that he wasn't only seeing me as a customer."

- William Chalaby



I chose to have my first Human Design Reading with James and I chose the Not-Self Analysis Reading, wanting to rip off the band aid of all of my blind spots and white centers. As a fellow 1st line, I knew this was the right choice and right person — someone who knows way more than what they're saying and has practical examples to back it all up. Technology wasn't working great that day, but we chose to carry on with the reading. My emotional wave was too excited to reschedule!

To my surprise, after the reading, I was offered the option to have an audio with the parts that had not been clear enough. That's where I saw James' tribal circuitry and a common understanding of our defined egos. I still replay this tape every couple of months for my left-brain to revisit and hear something new. James is one of my go-to people, not only for learning Human Design, but to be exposed to the complexities that this system can hold when our past and trauma meets what can sometimes be the daunting process of deconditioning."

- Sara Merino



My experience with James has been wonderful! His knowledge of the Human Design system is vast and he artfully transmits the information in a way that's applicable to everyday life. The way he weaves together the story of a chart truly blows me away. I was fortunate to learn from and connect with James in-person and felt inclined to continue to work with him. I feel supported and understood by James. During our reading, he provided a warm container for me to explore some of the challenges I've encountered living my design. He brought me so much clarity around some of the deeper aspects of my design; I've listened to our reading several times and each time I gain new awareness. I know I will continue to book with James for integration and guidance in the future."

- Teresa Brenneman



I've had three readings from James and I was absolutely blown away by his level of knowledge, understanding of human design, and also how well he articulates and can see nuances and weave it together in a complete picture. I've come away from these readings feeling empowered and excited about the possibilities for me and where life can go for me. James is THE person I would recommend for any type of human design reading, whether you're a complete beginner or have some level of understanding."

- Karishma Mohini



Getting my human design reading from James was a great experience. He's naturally and intuitively good at delivering a reading that's attuned to your level of understanding. His attention to detail and capacity for interpreting nuance leads to establishing a very clear lens for helping navigate the actual experiment of design. There is what is written, there is what is experienced, and there is James... with insights and experience from his own personal journey in the experiment, waiting to help you explore what is uniquely and individually correct for you. I got everything I needed from my first reading to dive into the experiment with both feet. I highly recommend a reading with James."

- Amber Scott

The information I got from James was great! He was very clear, easy to understand, and went into great detail in his explanations! He even followed up after the lesson to see how I was doing with the new insights!"

- Mike Ragusa

I have enjoyed my session with James. It gave me deep insight, was very well explained, and I learned things I haven't heard before, and I have been a student of human design for several years."

- Nensi Jurin

My reading with James was one of the most thorough and detailed I've ever had. He clearly knows Human Design inside and out as it relates to our soul's evolution. I had many a-ha's during the session, and his welcoming friendly energy made it an even better experience."

- Krista Squiers





