

The syllabus for the 2025-2026
program will be updated

Human Design Analyst Training and
Deconditioning Support Program Syllabus
2024-2025

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Overview

This is a practical and comprehensive analyst training that aims to empower you with the ability to identify and clearly convey the most important narratives in the chart for several different types of foundational readings. My goal is to train you to deliver readings where your client feels deeply seen and able, if they're ready, to enter the Human Design experiment and relate to self and others with more acceptance.

My approach

Respecting your uniqueness

A Human Design reading is an art and a science. I will help you find your confidence and comfort in providing a clear analysis in your own way. I can only demonstrate my way, and my way will never be your way. Your fractal is different from my fractal, and they need your style of delivery. However, through my example, lightbulbs can go off that will unlock your potential as an analyst. Along the way, I will be mindful not to interfere with or undermine your natural approach, while at the same time helping you understand where you may be deviating into an interpretation that is no longer accurate. My approach to teaching design is nuanced and rigorous, but with an emphasis on what practically matters. I often observe people splitting hairs about keynotes without practical implications. So while I will guide you to be precise with your keynoting, my approach isn't pedantic.

Refining Ra's understanding

As a heretic with guilt motivation, I have endeavored to fix a lot of things that I felt were unclear, missing, or incorrect. I have invested extensive time in clarifying overly sweeping statements, vague direction, and gray areas that just confuse people and leave them in a disempowered place.

I am a heretic, not a dogmatist. I am only in agreement with Ra where I have found agreement in my own experience. One of the greatest gifts of my design is to be an extremely thorough investigator (for many reasons beyond my 1st line profile). My life has connected me with numerous gurus and I have seen their shadows and humanness. No one is automatically correct because of their status. This is not to say I have my own version of Human Design, I absolutely do not and I recoil at the distortions that Karen Curry, Jenna Zoe, and others have concocted to help them sell it to the masses. I consider myself aligned with Ra in his understanding of choicelessness and surrender, and yet I'm a heretical fixer.

I see Ra as an accurate messenger of this knowledge, but I also recognize he was not designed to support people through the deconditioning process. Consequently, many have unwittingly emulated his limitation, as the overwhelming majority of analysts don't support people through the deconditioning process. Surely, some are not meant to. In other cases, it may be that they haven't been trained to do so — they haven't seen that



precedent from Ra or other senior analysts so it never occurs to them that it may be helpful. Communities become distorted and unhealthy when they don't venture beyond the limitations of their leaders.

I've never felt comfortable with Ra's penchant for hyperbole and black/white statements, leading me to flesh out gray areas and add more nuance to our understanding of the system. What you will find if you study Human Design long enough, is that Ra himself is one of the sources of misinformation about Human Design, in that he made grandiose and definitive statements about how a mechanic operates at one point in his career, and in some cases, he later contradicted it as his understanding shifted. For example, 'PHS doesn't transfer.' PHS transference is actually one of the most obvious and demonstrable aspects of design. He also used to call the Personality the Passenger. In no way is the Personality, which is just a machine, the Passenger. Then, after he started teaching substructure, he said that the Passenger is not to be found in the chart at all. Consequently, many teachers who did not continue with Ra into his later years of teaching substructure have an incomplete education. As a general rule, Ra's last word on the subject is his most accurate.

With all this said, I see myself as refining and expanding Ra's understanding of the system, not contradicting it or taking the field in a fundamentally new direction. Here's a few examples of intellectual distinctions that deviate from Ra's understanding that I have found to be more accurate:

1. **Throat gates:** There's a belief that we are only here to talk from the gates in our throat. For example, if you have gate 56, which says 'I believe,' as your only throat gate, and someone asks you if you own a car, it's preposterous to answer by saying 'I believe so.' We can't assume it's a not self trip about ownership (45) unless you're utterly preoccupied with talking about what you have. We're all actually talking about our entire chart. If you have the 19-49 consciously defined you're talking about people's needs. If you have the 18-58 you're talking about what you like and don't like under the guise of objective judgments. So we need to reframe our understanding of what's authentic vs. not self communication. It's too myopic to answer this by just looking at the throat.
2. **Transcending the program:** Ra presents a world in which we can 'beat' or transcend the program through S&A. I have not seen any evidence of this. Instead, what we get is the correct expression of the program's conditioning, e.g., in Mercury retrograde you can re-evaluate the correct things for you as opposed to things your mind thinks you need to reconsider. But there's no escaping the fact that you'll be re-evaluating something.
3. **Sacral sounds:** One of the most egregious and pervasive myths is that generators need to find their truth through a guttural sound. While it's certainly true generators make guttural sounds and that most generators have an atrophied sacral which could prevent them from accessing these sounds, it's also true that the mere pressure to respond in this way can have a deer in the headlights effect. Furthermore, the overwhelming majority of people I know in the experiment, and have worked with personally, also have an internal indication of when something is correct for them,



and this is especially true for emotionally defined generators. The emotional center overpowers the sacral and a response for me, as a 59-6, is intertwined with a feeling that I locate in my chest. This internal indication of a response can be fleshed out relative to which channels are defining their chart, i.e., a 9-52 is going to respond to something that it can understand through focusing and concentrating on logical patterns. These additional keynotes are essential to helping the client direct their attention to what they are actually here to specifically respond to. Otherwise it can be disorienting, or demoralizing, when they discover that they're not really responding to as much as they think they're supposed to.

- 4. Bringing awareness to cognition early:** Ra thought cognition would not be discernible until people were sufficiently deconditioned, following Strategy and Authority, etc. While cognition certainly strengthens and refines through deconditioning, it's not absent entirely pre-experiment. In fact, cognition is another reliable indicator I used to rectify charts of people who have not yet entered the experiment.

These are just a few of many things I have corrected in my understanding. All of them are logical and verifiable. None of these corrections empower the mind to think it has control, none of them make Human Design sexier, or help me market myself. I just won't work with information that isn't rock solid, I feel very insecure in that situation (and risk being burned at the stake). So I had to resolve all of the things that didn't add up to find a more solid understanding that enabled me to feel confident and secure about what I was sharing.

Enriching your interpretation

I have discovered and verified a lot of additional psychological implications from various design elements and configurations. For example, wide splits tend to have abandonment issues. 1st color Motivation and View can lead to hypochondria. As a triple split, with two bridging gates required to get my PSun to the throat, I can have a wide split type of blame story. This type of added insight can help you provide a richer reading.

Covering the surface to the substructure

I am also including additional information that I feel deserves to be shared early in the experiment, such as cognition, the motivation, view, and their respective transference and distraction. We live in a strange time when all of the information Ra taught is available at once, and people one week into the experiment are already talking about their base. While this strikes me as information overload, I also feel it makes sense to bring in a few practical elements from the substructure, without going so far as to overwhelm the client. Projectors and Reflectors, in particular, need to be told about their Motivation and View at the outset in order to really enter the experiment and start the deconditioning process.

Respecting Rightness

Right minded people have a radically different learning style and needs from an educational program. It doesn't make sense to ask the right minded person to follow a pre-determined structure or sequence for conducting a reading as that requires a focused and strategic effort. The right minded person's reading is more akin to a conversation.



I find it odd that legacy professional training programs just teach you to deliver a specific product, i.e., a foundation reading. They seem to focus too much on the style and the structure of the reading, rather than the content. Whereas, I feel it's more useful to empower everyone, whether left or right, with an understanding that can be turned into multiple readings of your own design.

What's the deconditioning support program?

Early in the first round of the training in 2023, it became clear to all of us that it wasn't merely an analyst training, it was also a safe space to explore our own deconditioning. This is a natural extension of my design as an intimate (59-6) tribal leader (45-21) that's focused on practical (5th line) results. Merely teaching you how to analyze a chart accurately is not enough — to change lives you also need to live your design and have a clear grasp of your own conditioning and subtle mental traps. I'm reminded of something that Kumud Kabir said to me about her foundation reading with Ra in the late 1990s. She said "it wouldn't pass the standards of analyst trainings today, but it impacted me and got me into the experiment because of the radical authenticity of Ra's frequency." The point is that the knowledge is a key component but your frequency matters even more.

Deconditioning support is available in two ways:

1. The private Facebook group. This is a place to ask questions about topics from class as well as share your experience living with or observing a design element.

I carefully vet who attends this program to make sure they're not only someone I respond to supporting, but that they fit into the culture of the program. There's a good balance of head and heart in my fractal so you can trust it will be a safe space. This is in contrast to the excessive headiness in the public online spaces.

2. Contemplations are offered throughout each semester that will take you deep into your own chart. In the first semester you'll become aware of how your life force distorts from mental identification, and generally gain awareness of increasingly subtle layers of conditioning and unhealthy interpersonal dynamics.

In the second semester you'll learn what it means to really embody your design. This is an opportunity to go beyond theory and really connect with your design somatically.

In the third semester you'll discover the dynamics that govern your important interpersonal relationships, whether familial, platonic, or romantic.

Regardless of what your prior experience level is with design, everyone in the first cohort, without exception, discovered many new dimensions of their true and not self. **This included people who had previously completed the entire IHDS analyst training.**

The contemplations are shared with me in a private Google Doc, where I provide extensive personal feedback that, over the course of the semester, is tantamount to a full reading.



Prerequisites

The analyst program is designed to teach you how to identify the main themes of the chart and assemble the different elements into an accurate, coherent, and compelling story. Along the way, I will add dimension to your understanding of the elements of the chart so that your story can be that much richer. However, in order to comprehend the course it's necessary for you to already have extensive familiarity with the bodygraph. If you've completed Rave ABCs and Rave Cartography, you probably have enough knowledge for this training. If you haven't completed these foundation courses but have dedicated yourself to learning the bodygraph on your own, you also may have enough knowledge for the training, but I require you to set up a call with me to discuss.

If you have any questions or concerns about your readiness for the training, please contact me to set up a call to discuss. In any case, **if I haven't worked with you previously we will need to have an introductory call to ensure there's a good fit.** If I respond to working with you, I am committed to supporting your understanding.

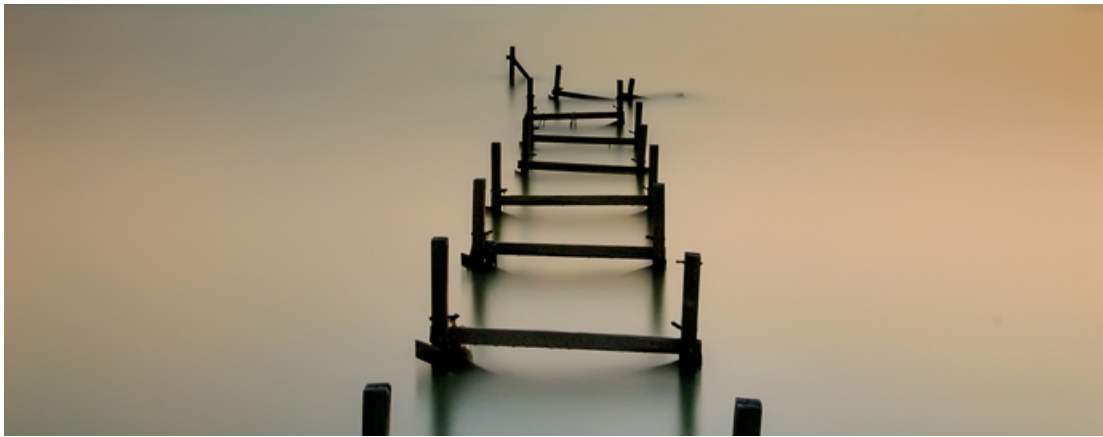
A no strings attached program

There is a presumption in IHDS that they are justified in staggering the program out across 3-4 years to ensure the analyst has sufficiently deconditioned before giving readings. This process made sense decades ago for the first generation of students, many of whom were trained before they had begun working with S&A. However, today, there is no correlation between the number of years someone is in their experiment and when they start the analyst training. Then, after the very long, challenging, and expensive process of becoming an analyst, IHDS restricts what you can do with the knowledge. For example, they prohibit you from combining it with other therapeutic modalities under the blanket assumption that all other modalities are 7 centered which is definitely not the case. I don't know anyone happy with this arrangement.

A lot of training programs are structured in a way that locks you into a long term investment. I don't think this respects your authority or life's ever changing circumstances. Therefore, this isn't an all-or-nothing program — you can stop after semester 1 or 2. However, you can't participate in semester 2 without first doing semester 1, or semester 3 without doing 1 and 2. This is for your own sake as the knowledge builds from prior semesters. I believe in roughly one year's time you can learn to provide the following core readings, and various spin offs of your own design:

1. Foundation reading
2. Not self reading
3. Relationship reading
4. Cycle reading





SEMESTER 1

Building the Story of the Conditioned Self



Start date:
Monday July 8th, 2024

12 classes meeting 2x a week
Mondays and Thursdays



12 pm PT	7 pm GMT
1 pm MT	8 pm CET
3 PM ET	5 am AEST (next day)

Classes are 90-120 minutes

Includes

- Distortions of the definition
- The hierarchy of conditioning
- Splits and bridging gates
- The core wound of each aura type
- Finding the story by isolating elements
- Each line's challenges, distressed voice, coping strategy, physical correlates, interpersonal needs, and mature expression
- How we somaticize stress
- How we defend ourselves
- Identifying if your client has a prime or epsilon issue and understanding the respective deconditioning journey relative to each
- Implications of missing circuitry
- Using tensions in the chart to build a narrative
- Exploring the psychological tension of each profile
- Personal and transpersonal harmonic influencers
- Understanding gates in the not self expression
- Motivation and transference
- View and distraction
- Tying together the substructure and the surface
- Working with Neptune
- Keynoting the not self practicum





SEMESTER 2

Building the Story of the Differentiated Self



Start date:
Fall 2024



Classes are 90-120 minutes

12 classes meeting 2x a week

Includes

- The core elements of a foundation reading
- Approaching the reading in a way that works for you
- Quickly and clearly explaining Human Design and Strategy and Authority to newcomers
- The implications of conscious and unconscious elements
- Explaining openness vs. definition
- Key messages for each aura type
- Definition
- Profile
- Cognition
- Quarters
- The nodal journey
- Approaching Reflector readings with confidence
- Using the Nesting Technique to enrich your life force analysis
- Using tensions in the chart to build a narrative
- When to incorporate line text into the reading
- Keynoting the true self practicum





SEMESTER 3

Relationship and Cycle Analysis



Start date:
Winter 2025



Classes are 90-120 minutes

14-16 classes meeting
2x a week

Includes

- Understanding composite definition (9-0, 8-1, 7-2, 6-3, 5-4)
- Assessing compatibility by cognition, color resonance, type, profile, definition, lines, circuits
- Electromagnetics, companionship, dominance, and compromise
- The stories we tell ourselves when we meet electromagnetics and compromises
- What is each partner looking for?
- Is your client genetically designed to want emotionally intimate relationships?
- What is the basis of the client's intimate relationships?
- What is the basis of the client's platonic relationships?
- Love gates and their implications
- A deep dive into sexual and caring gates
- Understanding triggers and interpersonal conflict styles via PVenus and PMars
- Analyzing Solar Return charts
- Analyzing Saturn Return charts
- Analyzing Uranus Opposition charts
- Analyzing Chiron Return charts
- Relationship and cycle analysis practicum





Certification:

I am transitioning into an educational organization and am offering certification. I am currently defining the certification process for the first round of analyst training students who have recently completed semester 3. While the process is not yet fully defined, it does account for leftness, rightness, and your unique process.

Benefits of certification:

Beyond facilitating your own deconditioning process and empowering yourself with in-depth knowledge about chart mechanics, becoming certified through my organization offers many additional benefits.

1. Employer reimbursement or local compliance

- Certification is necessary for students who are having their employer pay for the training.
- Certification is necessary to sell a service in some countries.

2. Reputation

There are enough people in the field that recognize that learning from me means something - that you're going to get a very thorough, grounded education on par with Ra's senior students.

3. Referral

You will be listed on my website with a bio, your qualifications, and link to your site. I am increasingly responding to teaching and will be doing less readings, which is where you come in — I'm happy to refer readings to you and will advertise all graduates in various ways.

4. Continuing education

Becoming certified with me gains you access to an in-depth quarterly workshop. These workshops will entail a presentation from me on a topic of mutual interest, as well as the opportunity for any of you to present your own original findings on that topic.

5. Community

While you don't need me to facilitate friendships and collaborations with anyone you've trained with, I am providing ongoing opportunities to build relationships. My existing clients and students are a network of highly intelligent and talented individuals who are grounded in source material but not afraid to ask difficult questions or use other modalities in support of their client's wellbeing. A lot of the online human design spaces are seriously lacking in integrity and quality content in my opinion. Further, the public online spaces aren't truly safe places to be vulnerable.

6. Join a leading edge conversation

Together, simply by doing good work, we will demonstrate a more mature and effective way to live and work with this knowledge. We are the fractal that is expanding, clarifying, and refining source material towards greater truth. There are still many questions to answer and a lot of potential to synthesize human design with other modalities that support deconditioning, and I believe we are the people to begin that conversation.





Course includes:

- Live Zoom classes with other students
- Weekly contemplations with extensive personal feedback
- Access to a private Facebook group for questions and sharing
- Ability to email me with questions throughout the course
- Lifetime access to the recorded classes
- Deeply discounted 1-1 coaching sessions (25% off). Note: a coaching session is not a formal reading, it's an opportunity to talk about what's relevant in your life at the moment with reference to your chart. Or we can practice analyzing a chart together.

Course does not include:

Legacy programs spend an entire semester on Incarnation Crosses. I am choosing not to do that because I believe the most important thing you can do to learn the crosses is to read the source material on them. However, this is not to say we won't bring incarnation crosses into our analysis.

In addition, if you would like my take on the crosses you can purchase my [Rave Mandala 360](#) course which covers them in depth as well as an extremely thorough teaching on each gate. This course is available live until early February 2025, and the recordings will then be available for purchase at a reduced price immediately after the live course ends.

Contingency

The course requires a minimum number of students and will not begin at the proposed time unless that minimum requirement is met. However, the days of the week and time of day will not change.



Costs

Per semester: \$1,698

Two ways to pay:

1. In full for a 10% discount (contact James for payment details off my website.)
2. A \$600 down payment through my website and three subsequent payments of \$366 automatically billed monthly.

Refund policy

Prorated per number of classes attended. No refund after the fourth class of any semester.



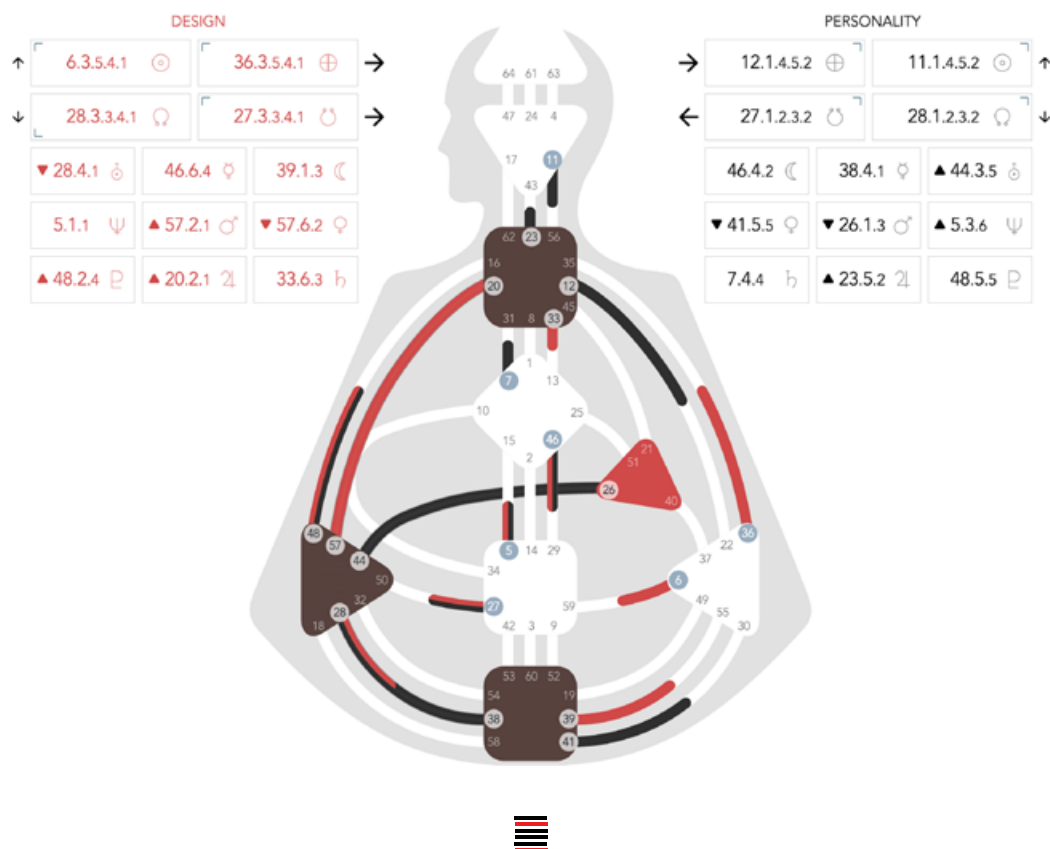
About Deniz Üçok - Course Assistant



I had my foundation reading in 2018 and took an LYD from Sjeff Romijn the following year. I immersed myself in source material while tracking the transit influence on my design in the initial years. What spurred me to keep digging throughout was seeing how layered and interconnected the system was the deeper I looked. The more I attempted to find cracks in the system, the more it held up.

I had the serendipity to come across James early in my experiment, and our eventual collaboration through work quickly became a friendship where I found a tribal leader and a compassionate friend who not only talked about the theory but daily demonstrated a 9-centered approach to how we interact and support each other. We've had countless hours of conversations on the system, and it is now my delight to see others become privy to, and awe at, the depth of his knowledge.

I have a background in liberal arts, graphic design, and permaculture, which, by both formation and nature, lend me to see subtle connections and, when correct, speak to what the other needs to hear in support of their empowerment. At times, you can find me being cheekily provocative, or a trickster by playing the devil's advocate to nudge another out of an evident homogenization.



About Teresa Brenneman - Course Assistant



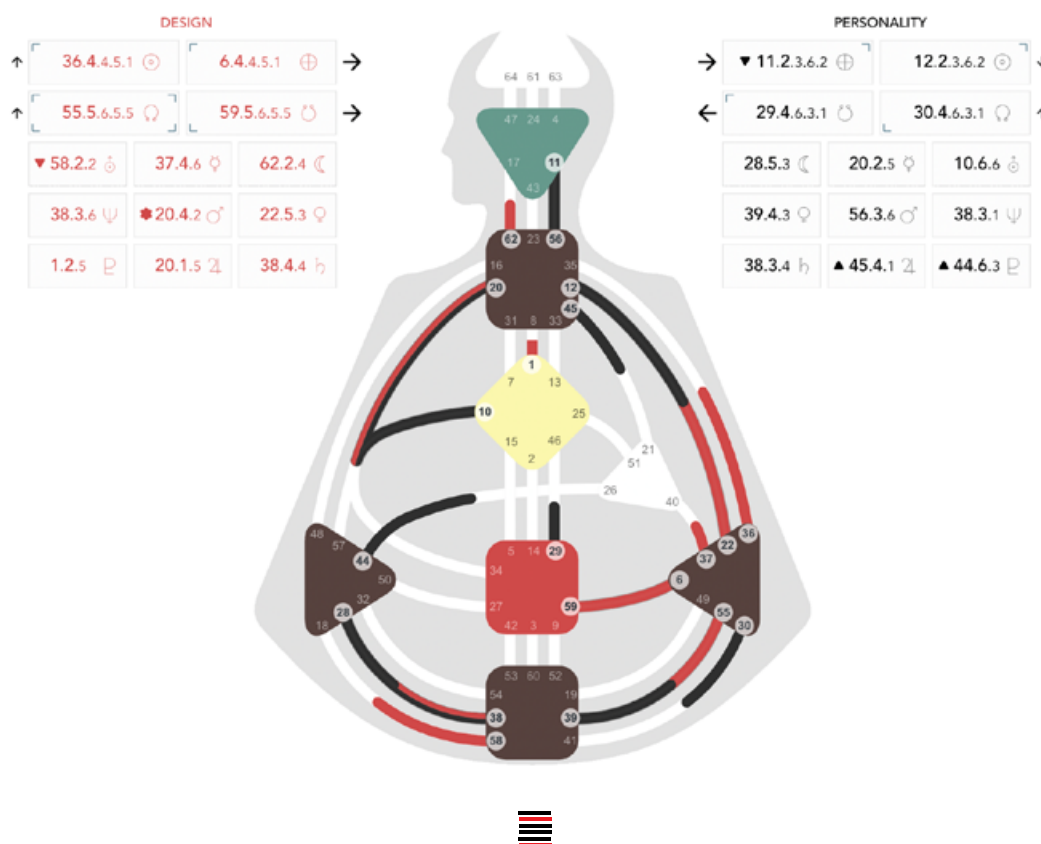
In 2017, while working as a Personal Trainer and bodyworker, I stumbled upon Human Design in my quest for tools to understand both myself and the psychology of my clients better. I instantly resonated with the concept of Strategy and Authority, particularly my Emotional Authority. It felt like a missing puzzle piece in my journey of self-awareness, which until then, had been a mishmash of various teachings and energy medicine practices. Human Design felt special, like it had something crucial to offer me. For years, I delved into self-study, listening to countless hours of Ra's lectures and reading various books. However, as more and more of my clients expressed interest in learning about the

system, I realized I needed formal education and mentorship to delve deeper.

Since then, my education and approach has been shaped by incredible teachers such as James Alexander, Jonah Dempcy, and John Cole and Amy Lee from Human Design Collective. I've integrated tools like Somatics, Parts Work, and Tarot alongside Human Design into my practice, creating a toolkit for transformation and grounded embodiment. Understanding the emotional system has become central to my approach, empowering individuals to navigate life's ups and downs with greater clarity and confidence.

My goal with each client is to assist them in reconnecting with their true selves and support them in embarking on their own journey of living a 9-centered life.

My other interests include creating art through painting, drawing, songwriting and playing music which has been a crucial practice for my own self-awareness



About Nanxi Chen - Course Assistant

 www.beingdifferent.design

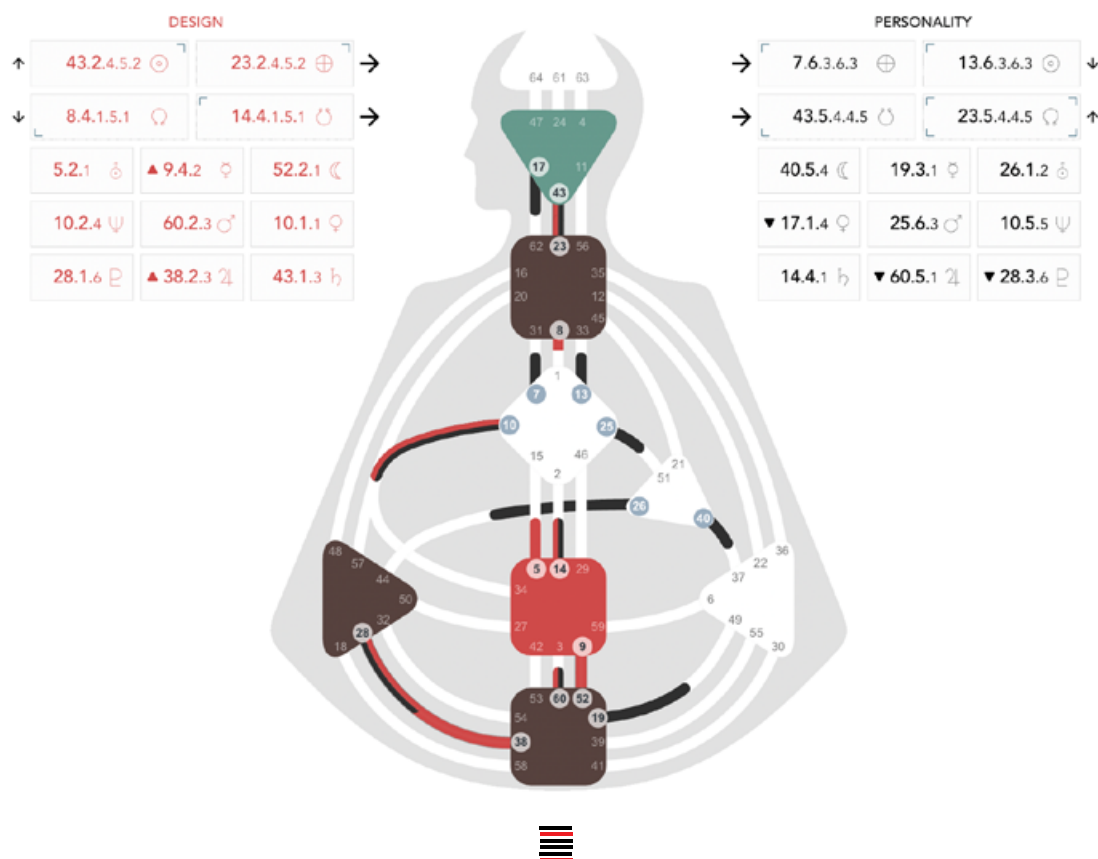


For the first 30 years of my life, I had every reason to be happy, yet I was unhappy. No matter what level of success I had achieved in life, no matter how glamorous my masks were as a role model for others, the suffocation and despair of 'prostituting who I am for who I am not', enslaving for others' identity in order to prove my value of existence, continued to strike me from time to time. That is, until the Human Design system demystified every coping mechanism for my unnecessary struggle, deconstructed my illusion for how and why I suffered the way I did, and finally empowered me to see what is already here has always been here - acceptance and joy in effortlessly being different as me.

After years of self-healing experiences, I undertook extensive trainings including restorative yoga, psychotherapy, movement therapy, clinical hypnosis and functional nutrition therapy, as well as immersing myself in Somatic Educator and Human Design Analyst/Guide trainings, DreamRave, Penta, Sociology, Differentiation Degree, and Cosmology.

Yet none of the intellectual pursue made me any more special or less human than I already am. The most profound training is always noticing what I am in the becoming: in my humbling experience of waking up and feeling alive — breathing in the wonder of the simplicity in becoming another magical day of me under the versatile identity as a mother, daughter or the 'Nanxi' from yesterday.

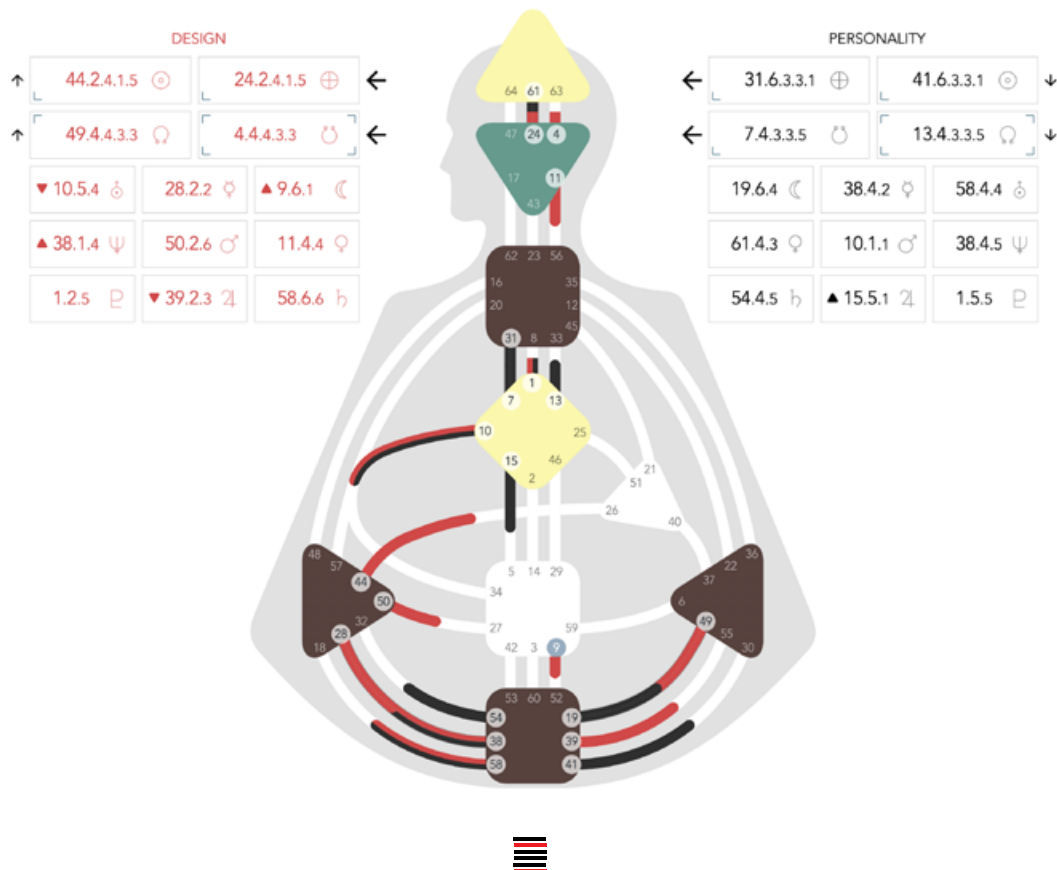
When I accept anything from the place of nobody and nothing, I am truly free.



About Mike Litven - Course Assistant



Mike Litven is a Rave Analyst who brings an awareness of spirit and mystery traditions into his work. He entered the Human Design experiment in 2018 and has since been recognized as an original and thought provoking voice in the field, contributing essays, art, and lectures in addition to his client work. Since 2020, he has held classes on a variety of Human Design subjects and serves on the board of High Desert Human Design in Santa Fe, NM that hosts the eponymous annual conference. He is also a cartoonist.



Written Testimonials from the 2023-2024 Analyst Training Students

“ I had been independently studying human design for years when I was introduced to James. When I learned about his course, I knew he was the teacher that I had been looking for. *James' mastery of the subject is inspiring, and his teaching style makes you fall in love with the material in a whole new way.* James takes great care in discerning the nuances within the system of Human Design and he approaches each subject with a deep curiosity for the material that is infectious. James truly lives the experiment, and it was refreshing to be in an environment that respects each and everyone's uniqueness when it comes to learning styles, etc. I look forward to continuing my studies with him!”

- Julia Schoen

“ When I first met James Alexander in person it was at the 2022 HDHD Conference. To be completely honest with this testimonial, I didn't have the best impression of him, but I sat in on one of his presentations and realized that he had a wealth of HD knowledge; knowledge that felt true to source material but with new esoteric depths that I hadn't gotten to yet. I left that conference knowing that I wanted a reading from him.

When he announced his upcoming class, I reached out to see if I should pay for a reading or the class, and he said the class would not only be like a thorough reading of my own chart but give me greater capacity to read all charts. He was 100% correct.

I've warmed up to James a lot during this class not only for his wealth of knowledge, but also for the ways he's shown his heart and for how he's consistently been in service to our classes (and sometimes still hilariously human, if we're allowed to laugh at ourselves). This man has allowed himself to be guided for many years by a wise elder projector (Kamud Kabir) and many others who are deep in the field. He has done his research and continues to do the work, and it shows in his presentations and the heart he brings to class.

His platform holds space for others to shine so I've gotten to know many other beautiful souls in this process, too.

Long story short, I knew that this would be informative, but every class has blown my mind and I continue to rewatch the recordings for deeper insight. You will absolutely get your money's worth. Thank you, James!!”

- Jess Haskins



“ After 6 years in the Human Design experiment I sought out James to rectify my birth time after I heard him discuss rectification using HD in an interview. And although my birth time rectification was minimal and did not change the surface of my chart, the time varied some deeper aspects of my design, which I suspected were there but didn't know how to rationalize my 'knowing.' I followed up with a PHS analysis with James, which was excellent as he was able to identify some somatic issues I had been experiencing for years that were attributable to my Design, and I'm thankful for his recommended solutions to alleviate the issues.

After experiencing James' HD analysis ability, it was a very easy S&A decision to invest the time and money to join James' Analyst Training as I recognised his mastery of the HD System. *True to his aligned 5/1 profile, James presented very thorough, grounded, practical knowledge and direct application of HD that I crave from a teacher who can fulfill my enquiry and application of Human Design.* James earned my respect through his impactful and masterful delivery of these sessions, the impact of which continues beyond the live classes.”

- Linylle Syntageros

“ I did level 1 & 2 of the Human Design Analyst training with James and I truly loved it! James is an amazing teacher and I was blown away by the depths of his knowledge. I had studied Human Design mostly by myself for 3 years and thought I already had a good foundation of knowledge. But learning from James, who delivers his knowledge in a very precise, clear, and also practical & tangible way, was such a different experience for me. It feels like the wisdom of the Human Design system could sink even deeper and was absorbed not only by my mind but by every cell of my body. The knowledge I gained in James training is not only extremely valuable for my professional work but also for me personally. I learnt so many new aspects about my own chart, discovered whole new levels of myself and felt like I was able to go even deeper into my own Human Design experiment.

Learning and studying with James was very nourishing for my mind, soul, and also the body. Even though the training was online, the container James created felt very intimate, warm and loving. I enjoyed the exchange with the other students not only during classes but also between classes in the Facebook group. That was a perfect addition to the live sessions.

I also really loved doing the contemplation assignments. By reflecting and contemplating the content of the classes it was able to sink even deeper.

I highly recommend studying with James - he is one of the best teachers I've ever had and his knowledge of the Human Design System is truly remarkable!”

- Linda Strangmann



“ I have had the serendipity of receiving Human Design analysis and insights from James, whose unique approach and remarkable skills have made a significant impact on my journey of self-discovery. *His insights are characterized by a nearly perfect blend of subtlety and practicality, making his analyses not just informative but directly applicable to everyday life.* James' emphasis on the pragmatic aspects of information transmission has been instrumental in helping me recognize and integrate the mechanics of my design.

His ability to decode the Non-Self is remarkably accurate, adding a refined touch to his already insightful readings. James is, without a doubt, an outstanding Human Design analyst, and I highly recommend his services for a supportive, transformative, and personalized experience.

What really marked me is his ability to read the Non-Self with exceptional precision. His insights into the layers of authentic self-expression versus conditioned behaviors are not only insightful but also incredibly accurate. His refined understanding of the Non-Self adds an invaluable dimension to his analyses, providing a profound and transformative experience.

Having worked with several Human Design analysts, I can confidently say that James' approach is both unique and effective. His readings are not only informative but also actionable, making the exploration of one's Human Design an engaging and empowering process. James' dedication to translating theoretical knowledge into practical wisdom is evident in every aspect of his work."

- Michel Schwab

Please [visit the course page](#) on my website to see snippets from the prior analyst training and additional video testimonials from the first cohort of students.



Testimonials from Coaching Clients

“ Give yourself the gift of a reading with James. In the not-self reading, he helped me find much-needed clarity on why I've gotten stuck in certain unhealthy patterns across my life, in ways that many years in psychotherapy with skilled practitioners did not. More importantly, James's insights allowed me to process the confusion and shame and figure out the best way to move forward. This is a reading that goes into your shadow side, and James doesn't flinch from the truth but does so with empathy and humanity, while also calling attention to your strengths. He carefully prepares for the reading, making sure to explain what's really specific and unique to your individual design, layer by layer. At the same time, he is responsive to questions or comments as they arise and you can see the wheels turning in his head to synthesize and respond to new information. *This isn't stuff you can find even if you spent months on Google and YouTube — it's the accumulation of James's expertise, experience, curiosity, and a unique ability to sense patterns at a deep level.* I feel a greater sense of self-acceptance and calm, and am grateful for the practical strategies for how to be more aligned with my self in the future.”

- Melanie Ho

“ James is one of the teachers that has a truly embodied and very sophisticated, practical, knowledge of the system. *James told me things that I never heard about my chart, in a way that I never heard, and it landed on me in a way that I never felt before. He had a mystical impact on my awareness, telling me aspects of my bodygraph in a way that was finessed and incredibly nuanced. It's the first time someone gave me the nuances and details of my chart that allowed me to understand my authority in a way that wasn't vague and empowered me to start experimenting with it.* I always heard “Michel, your S&A is to respond.” Yeah, thank you, but respond to what? And James didn't waste time before giving me the keys for recognizing what my sacral response was SPECIFICALLY to in life!

He has a way to articulate words and keynotes that clicks directly into my inner knowing and allows me to integrate the information in a practical and natural way. *With his PHS knowledge, he pinpointed my specific illnesses and the behaviors that can adversely affect my health, and provided clear explanations and solutions that many traditional doctors I've consulted couldn't fathom.*

Simplicity, depth, nuance, and generosity are the main qualities that I've been impressed by with James. Indeed, generosity, because being a tribal Generator, I have witnessed James to be really generous and empathetic in the way of transmitting information and he makes sure the client has understood the important takeaways so they can live their design.”

- Michel Schwab



“ The reading James did for me was one of the most enriching experiences I've had in terms of self help and self discovery. It still is a bit early for me to say how much I'm going to benefit from it but I already feel a huge relief. That's probably the biggest take away I got from the reading: a relief from the pressure I have felt lately regarding many aspects of how I'm living my life. This applies particularly to the pressure I put on myself to go in a certain direction professionally. I hear the voices telling me “You should be doing this or that” and James helped me understand that there's nothing I have to do.

It's been a great pleasure to know James. I knew 30 seconds into the reading that I would love it. *The way James communicates about HD and shares his knowledge is very humane, sensitive, precise, and funny. I also could feel James was here to help me in a way that felt sympathetic towards my challenges and that he wasn't only seeing me as a customer.*

- William Chalaby

“ I chose to have my first Human Design Reading with James and I chose the Not-Self Analysis Reading, wanting to rip off the band aid of all of my blind spots and white centers. As a fellow 1st line, I knew this was the right choice and right person — someone who knows way more than what they're saying and has practical examples to back it all up. Technology wasn't working great that day, but we chose to carry on with the reading. My emotional wave was too excited to reschedule!

To my surprise, after the reading, I was offered the option to have an audio with the parts that had not been clear enough. That's where I saw James' tribal circuitry and a common understanding of our defined egos. I still replay this tape every couple of months for my left-brain to revisit and hear something new. *James is one of my go-to people, not only for learning Human Design, but to be exposed to the complexities that this system can hold when our past and trauma meets what can sometimes be the daunting process of deconditioning.*

- Sara Merino

“ My experience with James has been wonderful! His knowledge of the Human Design system is vast and he artfully transmits the information in a way that's applicable to everyday life. *The way he weaves together the story of a chart truly blows me away.* I was fortunate to learn from and connect with James in-person and felt inclined to continue to work with him. I feel supported and understood by James. During our reading, he provided a warm container for me to explore some of the challenges I've encountered living my design. *He brought me so much clarity around some of the deeper aspects of my design; I've listened to our reading several times and each time I gain new awareness.* I know I will continue to book with James for integration and guidance in the future.”

- Teresa Brenneman



“ I’ve had three readings from James and I was absolutely blown away by his level of knowledge, understanding of human design, and also how well he articulates and can see nuances and weave it together in a complete picture. I’ve come away from these readings feeling empowered and excited about the possibilities for me and where life can go for me. James is THE person I would recommend for any type of human design reading, whether you’re a complete beginner or have some level of understanding.”

- Karishma Mohini

“ Getting my human design reading from James was a great experience. He’s naturally and intuitively good at delivering a reading that’s attuned to your level of understanding. His attention to detail and capacity for interpreting nuance leads to establishing a very clear lens for helping navigate the actual experiment of design. *There is what is written, there is what is experienced, and there is James... with insights and experience from his own personal journey in the experiment, waiting to help you explore what is uniquely and individually correct for you.* I got everything I needed from my first reading to dive into the experiment with both feet. I highly recommend a reading with James.”

- Amber Scott

“ The information I got from James was great! He was very clear, easy to understand, and went into great detail in his explanations! He even followed up after the lesson to see how I was doing with the new insights!”

- Mike Ragusa

“ I have enjoyed my session with James. It gave me deep insight, was very well explained, and I learned things I haven’t heard before, and I have been a student of human design for several years.”

- Nensi Jurin

“ My reading with James was one of the most thorough and detailed I’ve ever had. He clearly knows Human Design inside and out as it relates to our soul’s evolution. I had many a-ha’s during the session, and his welcoming friendly energy made it an even better experience.”

- Krista Squiers

